

Guidance for delivering remote treatment

This document outlines the expectations and requirements for delivering remote physiotherapy treatment. Each case will be considered individually and a risk assessment completed to determine if remote treatment should be offered rather than in person within a clinic environment.

It is our preference that sessions are now provided face to face and are conducted in line with any current national guidelines relating to the COVID-19 pandemic.

Please consider the below when delivering remote treatment as an alternative.

1) Session length

We expect sessions to remain at 30 mins in duration and your charge back to us will reflect this.

2) Software Platforms

Where possible please complete session with a video link and not just by telephone. While we have telephone based services we have referred for face to face treatment and would like to recreate this as much as possible.

Please use an appropriate IT software tool to share exercises with the individual.

3) Record keeping

Please keep appropriate records of your sessions including dates, times and IT platform used. In addition please make sure as much information as possible is captured around the individual's reported symptoms and progress with treatment. It is also possible to report on some objective makers despite it being a remote treatment so wherever possible please also capture and document these.